Instructions for Creating Your Celtic-inspired Gold Leaf Bookmarks

(As described in Christine Elder's Step-by-Step demonstration)

Click **HERE** to find other resources and link to workshop video.

- 1. Gather your supplies as listed in the separate materials handout.
- 2. Decide on the design of your bookmark using the Celtic knot and typography handouts, taking into account where the hole will be that the ribbon will be strung through.
- 3. Decide on the paint color(s) you'll use and where you will apply the gold leaf.
- 4. Trace your design in black ink onto tracing paper cut in the same dimensions as your bookmark.
- 5. Transfer your design onto your previously cut bookmark using graphite transfer paper.
- 6. Wash your hands thoroughly to remove grime that would stick to bookmark paper and repel paint.
- 7. Prepare the gold gilding adhesive. Tip: I find it easier to see where I've painted the adhesive if I've added a bit of red watercolor or food coloring to the adhesive. Also, I suggest placing the adhesive bottle in a tray or ramakin to help prevent accidental spills of this sticky fluid.
- 8. Use a small, fine tipped brush to carefully paint the adhesive onto the areas where you want the gold leaf to go.
- 9. Wash the brush immediately after you're done in hot, soapy water to remove the glue.
- 10. Let adhesive dry until it's not shiny but just a little tacky, which will be about 10 minutes. If it dries too much, you can reawaken it by breathing on the glue with your warm breath.
- 11. Apply gold leaf, using tweezers to lift the leaf sheet or smaller pieces onto the adhesive.
- 12. Burnish the gold onto the bookmark by covering with wax paper and rubbing gently.
- 13. Brush the excess gold off the bookmark with a flat dry brush, saving the bits of gold in a jar or baggie.
- 14. If there are any spots where the gold didn't adhere, repeat the process of adding adhesive and gold.
- 15. Outline your designs with a medium-tipped permanent black ink pen.
- 16. Apply paint color(s) using any water-based medium including watercolor, gouache, acrylic, tempera.
- 17. Add any additional decorations, like the dots I applied, using a fine-tipped opaque white pen.
- 18. Once dry, decide on a design for the other side of the bookmark. In my demonstration, I simply glued decorative paper onto the back.
- 19. Cut a hole near the top center of your bookmark and add your decorative ribbon.
- 20. Ta-dah! You are finished. Now make some more! They make excellent gifts and tree trimmers!