



attach to journal with clip through hole

# Nature Journaling Supplies

## JOURNALING SUPPLIES

- \* Sturdy Journal
- \* Mechanical pencil
- \* Waterproof pen
- \* Watercolor set and brush
- \* Paper towel
- \* Colored pencil
- \* Shading pencil
- \* Eraser and sharpener
- \* Viewfinder and value scale
- \* Pouch to keep supplies in

## FIELD SUPPLIES

- \* Clothing appropriate for conditions
- \* Water
- \* Snacks
- \* First aid kit, bug spray, sunscreen
- \* Magnifying lens
- \* Binoculars
- \* Camera and/or cell phone
- \* Map
- \* Daypack

— — — — — fold here, laminate, then keep with nature journal — — — — —

## Nature Journaling Ideas

### A FEW NATURE JOURNALING & SKETCHING PROMPTS TO GET YOU STARTED

- \* Note: day, time, location, habitat, weather.
- \* Ask questions: who, what, when, where, why.
- \* Notice: shapes, colors, patterns, textures.
- \* Use all your senses: sight, touch, smell, hearing.
- \* Observe: behaviors within and between species.
- \* Search for signs of animals: tracks, nests, homes, scat, webs, fur, feathers.
- \* Diagram with a map, cross section etc.
- \* Compare and contrast several objects, species, or habitats.
- \* Zoom in and out to see the whole picture and depict the details.